

ULTRA FIBER

CHEWABLES

DIRECTIONS: As a dietary supplement, chew 3 ULTRA-FIBER CHEWABLES before or with meals (3 times daily). **NOTE:** ULTRA-FIBER chewable tablets are intended for use by normally healthy adults only as a daily fiber supplement to a well balanced daily diet which includes fresh fruits, vegetables and whole grains. Not recommended for pregnant women. PROTECT CONTENTS FROM EXCESSIVE HEAT AND MOISTURE. ****Contents Sealed:** ULTRA-FIBER CHEWABLES light orange colored, round tablets bear the identifying mark "ALVA" and are packaged in a bottle with a safety seal under the cap. Do not use if seal appears broken or if product contents do not match product description. **KEEP OUT OF REACH OF CHILDREN**

SUPPLEMENT FACTS

Serving Size: 3 chewable tablets
Servings Per Container: 33.3

	Amount Per Serving	% Daily Value †
Calories	18	
Total Carbohydrates	4.5g ††	1.5%
Soluble Dietary Fiber (As natural chicory fiber)	2.1g	8.4%

† Percent Daily Values are based on a 2,000-calorie diet.

†† Total Carbohydrate Calculation includes dietary fiber.

Other Ingredients: Dextrose, citric acid, FD&C yellow #6, natural orange flavor, silicon dioxide, magnesium stearate, stearic acid.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.