



Drug Facts

Active ingredient (in each caplet)	Purpose
Acetaminophen, 500 mg	Analgesic (pain reliever)
Pamabrom, 25 mg	Diuretic
Pyrilamine Maleate, 15 mg	Antihistamine

Uses For the temporary relief of ■ minor aches and pains ■ temporary water weight gain ■ bloat ■ swelling ■ emotional changes such as anxiety, nervous tension and irritability related to the premenstrual and menstrual periods.

Warnings **Liver warning:** This product contains acetaminophen. Severe liver damage may occur if you take ■ more than eight (8) pills in 24 hours ■ with other drugs containing acetaminophen ■ 3 or more alcoholic drinks every day while using this product.

Do not use with any other drug containing acetaminophen (prescription or non-prescription). Ask a doctor or pharmacist before use if you are not sure.

Ask a doctor before use if you have ■ glaucoma ■ difficulty in urination ■ a breathing problem such as emphysema or chronic bronchitis ■ liver disease

Ask a doctor or pharmacist before use if you ■ are taking sedatives, tranquilizers or any other medications.

When using this product ■ you may get drowsy ■ excitability may occur, especially in children ■ alcohol, sedatives and tranquilizers may increase drowsiness ■ avoid alcoholic drinks ■ be careful when operating a motor vehicle or operating machinery.

Stop use and ask a doctor if ■ pain gets worse or lasts more than ten days ■ fever gets worse or lasts more than three days ■ redness or swelling is present ■ any new symptoms occur

If pregnant or breast feeding, ask a health professional before use.

Keep out of reach of children. Overdose warning: Taking more than the recommended dose can cause serious health problems. In case of overdose, get medical help or contact a poison control center right away. Prompt medical attention is critical for adults as well as for children even if you do not notice any signs or symptoms.

Directions ■ Read all package directions and warnings before use
 ■ Use only as directed. ■ Adults: Two (2) caplets every 6 hours while symptoms persist, not to exceed eight (8) caplets in 24 hours, or as directed by a doctor. ■ Start taking 5 or 6 days before onset of period and continue until desired relief is obtained or end of period ■ Drink 6 to 8 glasses of water daily ■ For use by normally healthy adults only. ■ Persons under 18 years of age should use only as directed by a doctor.

Other information Magnesium content: 5 mg/caplet. ****Contents sealed:** DIUREX PMS red colored oval caplets bear the identifying mark "ALVA" and are sealed in a clear plastic blister with paper/foil backing. Do not use if seal appears broken or contents do not match product description.

NOTE: The appearance of golden tinted urine which may occur after taking DIUREX PMS is a normal and temporary effect.

Inactive ingredients Calcium sulfate, corn starch, croscarmellose sodium, D&C Red #27 lake, FD&C Blue #2 lake, FD&C Red #40 lake, FD&C Yellow #6 lake, hypromellose, lactose, magnesium oxide, magnesium silicate, magnesium stearate, microcrystalline cellulose, polyethylene glycol, potassium gluconate, riboflavin, silica, sodium starch glycolate, sorbitol, stearic acid, titanium dioxide.

Questions? 1-800-792-2582

www.DIUREX.com

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